

# Learn-to-Swim 2021

The Pre-Session and Post-Session are each one week of classes and Sessions 1-4 are two weeks of classes. Classes meet Monday-Thursday.

## Group Lessons (\$45)

Pre-School Programs and Level 1: Maximum of 8 students  
 Levels 2 - Adult: Maximum of 10 at LSC and 8 at Ingram Pool

## Semi-Private Lessons (\$60 for Pre-/Post- // \$95 for Session 1-4)

All Programs & Levels: Minimum of 2/Maximum of 3 students

## Private Lessons (\$115 for 1 week // \$185 for 2 weeks)

For ages 5 and older. Private lessons are scheduled in the order which participants join a wait list and are based on instructor availability. To join the waitlist or for any questions, call (903) 237-1270.

Session	Dates	Registration Deadline
Pre-Session	May 31-June 3	May 26
Session 1	June 7-17	June 2
Session 2	June 21-July 1	June 16
Session 3	July 5-15	June 30
Session 4	July 19-29	July 14
Post-Session	August 2-5	July 28
<b>** Registration closes at 5 PM **</b>		

## How to Register

### Online

[longviewtexas.gov/LTS](http://longviewtexas.gov/LTS)

### Walk-In

Parks Office: 130 E. Timpson St.  
 LSC: 1111 W. Fairmont St.  
 Ingram: 1400 N. 10th St.

### Mail-In

P.O. Box 1952  
 Longview, TX 75606  
 Confirmation will be sent to the provided email

### Fax-In

(903) 237-1389  
 Must be received by 5pm on the registration deadline

## Inclement Weather Policy

Due to our tight scheduling, it is extremely difficult to have makeup days. We adhere strictly to this policy:

- First Rainy Day: is Safety Day. Students will watch Red Cross water safety and stroke performance videos.
- Second Rainy Day: will be used to practice and review safety and swimming skills in the classroom.
- Three or More Rainy Days: classes will be moved to Friday at the usual time.

## Refund Policy

Refund requests must be submitted using the Refund Request Form which can be found by going to [longviewtexas.gov/LTS](http://longviewtexas.gov/LTS). The completed form will need to be submitted to [parkinfo@longviewtexas.gov](mailto:parkinfo@longviewtexas.gov).

- Between initial registration and the registration deadline, a \$5 service fee will be assessed.
- Between the registration deadline and the first day of class, 50% of the fee is refundable.
- No refunds will be issued after the first day of class.

## Transfer Policy

Transfers may only be made before the registration deadline for a class. There is a \$5 fee for each transfer unless it meets one of the following conditions:

1. The student's instructor recommends that he or she move up or down a level (usually within the first 2 days).
2. The student completes a course and must repeat it but is already registered in a later session for a higher level class.
3. The student successfully completes a course but is already registered for the same level course in a later session.

## Infant & Toddler Aquatic Program (ITAP)

The American Red Cross Parent & Child program is designed to orient young children to the water and prepare them to learn to swim in later programs. It is not designed to teach children how to become good swimmers or even to survive on their own in the water. This program is a bonding experience that will fill parents and children with wonderful lifelong memories.

NOTE: One parent or guardian will be required to be in the water with the child.

- ITAP 1 (6 - 36 months)
- ITAP 2 (18 - 36 months)

## Preschool Aquatic Program (PAP)

The Preschool Aquatics courses progress through basic aquatic safety skills.

- PAP 1 (3 - 5 years old): Build the child's comfort in the water and begin elementary skills (blow bubbles, enter the water, submerge, glide, etc.)
- PAP 2 (3 - 5 years old): Continue to improve fundamental skills learned in PAP 1 as well as learning basic skills required to move forward in the water.
- PAP 3 (4 - 5 years old): Building upon the basics of locomotion learned in PAP 2, students will begin coordinating simultaneous and alternating arm and leg actions.

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## Learn-to-Swim Program (Levels 1-6)

Ages 6 and older

### Level 1 — Introduction to Water Skills

Participants will learn elementary aquatic skills, which they will build upon as they progress through the six Learn-to-Swim levels. Students will begin developing good attitudes about swimming and water safety, good swimming habits, and safe practices in and around the water.

### Level 2 — Fundamental Aquatic Skills

Participants entering Level 2 must have a Level 1 certificate or be able to perform all of the Level 1 exit skills. Participants will learn to float without support and recover to a vertical position. This level marks the beginning of motions that lead to forward movement in the water. Students will continue to explore simultaneous and alternating arm and leg motions.

### Level 3 — Stroke Development

Students entering Level 3 must have a Level 2 certificate or be able to perform all the Level 2 exit skills. New strokes such as the elementary backstroke and the front crawl will be introduced along with the scissor kick, dolphin kick, the fundamentals of treading water, and basic diving.

### Level 4 — Stroke Development

Students entering Level 4 must have a Level 3 certificate or be able to perform all the Level 3 exit skills. Participants will improve skills and increase endurance by swimming familiar strokes for greater distance.

### Level 5 — Stroke Refinement

Participants entering Level 5 must have a Level 4 certificate or be able to perform all the Level 4 exit skills. Participants will continue to coordinate and refine their performance of all strokes and increase their distances.

### Level 6 — Swimming and Skill Proficiency

Participants entering Level 6 must have a Level 5 certificate or be able to perform all the Level 5 exit skills. Level 6 is designed with "menu" options — Fundamentals of Diving, Fitness Swimmer, and Personal Water Safety. These options focus on preparing participants for more advanced courses, such as Lifeguarding, competitive swimming, or competitive diving.

LSC Pre-Session	Time	PAP2	PAP3	Level 1	Level 2	Level 3	Level 4	Level 5	Adult
May 31-June 3 Semi-Private	6:45 PM	462003	462023	462043	462063	462083	462103	462123	-
	7:45 PM	462013	462033	462053	462073	462093	462113	-	462133

Longview Swim Center 1111 W. Fairmont Street		Session 1 June 7-17		Session 2 June 21-July 1		Session 3 July 5-15		Session 4 July 19-29	
Semi-Private	9:00 AM	PAP 2	463003	PAP 2	464003	PAP 2	465003	PAP 2	466003
		PAP 3	463013	PAP 3	464013	PAP 3	465013	PAP 3	466013
		Level 1	463023	Level 1	464023	Level 1	465023	Level 1	466023
		Level 2	463033	Level 2	464033	Level 1	465033	Level 2	466033
		Level 3	463043	Level 3	464043	Level 2	465043	Level 3	466043
		Level 4	463053	Level 4	464053	L6-Fit	465053	Level 4	466053
Group Lessons	10:00 AM	PAP 1	463063	ITAP 1	464063	ITAP 2	465063	ITAP 1	466063
		PAP 1	463073	PAP 1	464073	PAP 1	465073	PAP 1	466073
		PAP 3	463083	PAP 1	464083	PAP 3	465083	PAP 2	466083
		Level 1	463093	PAP 2	464093	Level 1	465093	Level 1	466093
		Level 3	463103	Level 2	464103	Level 2	465103	Level 2	466103
		Level 4	463113	Level 3	464113	Level 3	465113	Level 3	466113
		Level 5	463123	L6-PWS	464123	L6-Fit	465123	Level 4	466123
	11:00 AM	ITAP 1	463133	ITAP 2	464133	ITAP 1	465133	PAP 1	466133
		PAP 1	463143	PAP 1	464143	PAP 1	465143	PAP 2	466143
		PAP 2	463153	PAP 3	464153	PAP 3	465153	Level 1	466153
		Level 1	463163	Level 1	464163	Level 1	465163	Level 2	466163
		Level 2	463173	Level 3	464173	Level 3	465173	Level 3	466173
		Level 3	463183	Level 4	464183	Level 4	465183	Level 4	466183
		Level 4	463193	Level 5	464193	Level 5	465193	Level 5	466193
	6:45 PM	ITAP 1	463203	ITAP 2	464203	PAP 1	465203	ITAP 1	466203
		PAP 1	463213	PAP 1	464213	PAP 2	465213	PAP 1	466213
		PAP 1	463223	Level 1	464223	Level 1	465223	Level 1	466223
		Level 1	463233	Level 2	464233	Level 2	465233	Level 2	466233
		Level 2	463243	Level 3	464243	Level 3	465243	Level 3	466243
		Level 3	463253	Level 4	464253	Level 4	465253	Level 4	466253
	7:45 PM	ITAP 2	463263	ITAP 1	464263	ITAP 2	465263	ITAP 2	466263
		PAP 1	463273	PAP 2	464273	PAP 2	465273	PAP 2	466283
		PAP 2	463283	PAP 3	464283	PAP 3	465283	PAP 3	466273
		Level 1	463293	Level 1	464293	Level 1	465293	Level 1	466293
Level 1		463303	Level 2	464303	Level 2	465303	Level 2	466303	
Level 2		463313	Level 4	464313	Level 4	465313	Level 3	466313	
Level 3		463323	Level 5	464323	L6-Dive	465323	L6-PWS	466323	
Adult		463333	Adult	464333	Adult	465333	Adult	466333	

Ingram Pool 1400 N. 10th Street		Session 1 June 7-17		Session 2 June 21-July 1		Session 3 July 5-15		Session 4 July 19-29	
Semi-Private	10:00 AM	PAP 2/3	453003	PAP 2/3	454003	PAP 2/3	455003	X	
		Level 1	453013	Level 1	454013	Level 1	455013		
		Level 2	453023	Level 2	454023	Level 3	455023		
		Level 3	453033	Level 3	454033	Level 4	455033		
Group Lessons	11:00 AM	PAP 1	453043	PAP 1	454043	PAP 2	455043		
		Level 1	453053	PAP 2	454053	Level 1	455053		
		Level 2	453063	Level 1	454063	Level 3	455063		
		Level 3	453073	Level 3	454073	Level 4	455073		
	6:45 PM	ITAP 1	453083	ITAP 2	454083	ITAP 2	455083		
		PAP 1	453093	PAP 1	454093	PAP 1	455093		
		PAP 2	453103	PAP 3	454103	PAP 3	455103		
Level 1		453113	Level 1	454113	Level 1	455113			
Level 2	453123	Level 2	454123	Level 2	455123				
Level 3	453133	Level 4	454133	Level 4	455133				

LSC Post-Session	Time	PAP2	PAP3	Level 1	Level 2	Level 3	Level 4	Level 5	Adult
August 2-5 Semi-Private	6:45 PM	467003	467023	467043	467063	467083	467103	467123	-
	7:45 PM	467013	467033	467053	467073	467093	467113	-	467133

## PARTICIPANT REGISTRATION INFORMATION

If mailing or faxing, please enter 2 choices for each participant in case the 1<sup>st</sup> choice is already full.

PARTICIPANT NAMES	Birth Date	Choice	Level	Pool	Session	TIME	FEE
Example: <i>Willie Swim</i>	1/1/14	1st	Level 2	LSC	1	6:45pm	\$45
		2nd	Level 2	ING	1	6:45pm	\$45

SUBTRACT DISCOUNT IF APPLICABLE

**TOTAL**

## PARENT/GUARDIAN INFORMATION FIRST TIME CUSTOMERS?

FIRST NAME LAST NAME DOB

STREET ADDRESS

CITY STATE ZIP

HOME PH MOBILE PH WORK PH

E-MAIL ADDRESS Would you like to receive promotional emails?

HOW DID YOU LEARN ABOUT THIS CLASS?

**PERSONAL RELEASE STATEMENT:** I understand that the registered activities and services may have an element of hazard or inherent danger and I take full responsibility for my actions and physical condition. I agree to indemnify and hold the City of Longview Parks and Recreation Department and its employees harmless from liability, loss, cost, or expense (including attorney's fees, medical, and ambulance costs) that may incur while participating in PARD activities. In case of emergency, I give my permission for emergency medical treatment. This form shall be considered valid until canceled or changed in writing by the undersigned participant/guardian/parent.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## METHOD OF PAYMENT

CHECK # → Check Payments Require → DL# DOB

CASH  MONEY ORDER  MASTER CARD  VISA  DISCOVER  AM-EX

CARD NUMBER EXPIRATION DATE CVV/CVC

CARDHOLDER NAME (PRINT) SIGNATURE

*Refund Policy: Refund Request Forms are available at LSC or the PARD Office. After initial registration and up to 3 days prior to the class start date, a \$5 service fee will be assessed. 2 days prior to the start of class through the first day, 50% of the class fee is refundable. No refunds will be given after the first day of class. Allow 2 weeks for processing. Note: No refunds will be given for semi-private or private lessons because classes are formed based on original enrollment.*